

Making a Mullein Walking Stick

The Mullein plant should be about 4-6 feet tall depending on how tall the person is using it and what they are comfortable with. (The height includes the root ball)

The plant should be dug to include the root ball. The roots are snipped off to make the knob at the top. You can dig the plant as soon as it looks like it is dying and/or turning brown. It then should be left to dry in a dry place like a garage or basement for a couple of months. Strip off leaves and other dead material including flowers at the top before drying.

After the plant is dry it should be sanded down to a smooth finish. Use a multi-surface rasp for the first filing to get it down to a pretty smooth surface. You can then finish sanding with a course sand paper and progress to smoother grades. A copper piece of pipe is added to the bottom to decrease wear. Then it can be stained to bring out finish. Drill hole to make leather strap if desired.